



The Medical **Bulletin**



Editor's Desk

Dr. A. Muruganathan

Precision lifestyle medicine in obesity and type 2 diabetes

Obesity and type 2-diabetes are major global problems, with both genetic and environmental causes. There seems to be individual variability...

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Guest Editorial



Prof. Jayakar Thomas, *Dermatologist, Chennai*

The Color of Skin: The color of skin is partially determined by normal biological processes that dictate the type, amount, and distribution of melanin in the skin...

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Pearls for Practitioners

In Hypertension

Dr. V. Balachandran
In Assessing Patients for Orthostatic Hypotension, Start with Supine Blood Pressure Measurements: When you...

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In Dermatology

Prof. Jayakar Thomas
Yellow Nail Syndrome: Yellow nail syndrome is a rare disorder of the nail, which is usually accompanied...

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For Stage II & Diabetic Hypertensives

CTD-T
Chlorthalidone
6.25/12.5 mg + Telmisartan
20/40/80 mg Tablets

In Endocrinology

Dr. NK Singh

Pearls in relation to Sub-acute thyroiditis as Take Away: Subacute thyroiditis (subacute granulomatous...

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In Critical Care

Dr. Subramaniyam Karuturi

1. Women with GDM are at increased risk of developing T2D in later life. They should be screened for T2D at 6weeks...

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In Hypertension with Angina and Heart Failure

Revelol-XL

Metoprolol Succinate 12.5/25/50/100mg Extended Release Tablets

In Syndrome

Dr. C. Naveen Kumar

Dengue Fever: It is also known as breakbone fever, dandy fever or seven-day fever. It is a mosquito...

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In Clinical Pearl

Dr. Meenakshi Bhattacharya

Triage in Disaster management: Triage is one of the key principles of the effective management of major...

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In the management of Type 2 Diabetes Mellitus

Glycinorm-M

Gliclazide 40mg/80mg + Metformin 500mg Tablets

In Lipidology

Dr. V. Balachandran

My Patient's Cholesterol Is Still High Despite Treatment...Help!: Below are some key learning points to help...

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In Geriatrics

Dr. Sangram S. Biradar

CareFall is an interactive e-learning tool designed for foundation level doctors, but appropriate for all...

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History

Dr. Gowri Shankar

*A Tribute to an Outstanding Indian Physician:
Prof. Dr. M.R. Guruswami Mudaliar*

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Zerodol-SP

Acetofenac 100 mg,
Serratiopeptidase 15 mg &
Paracetamol 325 mg Tablets

Editorial Board

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