



## *The Medical* **Bulletin**



### Editor's Desk

#### **Dr. A. Muruganathan**

Empowering the population for diabetes free  
Healthier life non-communicable diseases can be  
prevented by proper education.

Empowering can be done through public health  
education...

[Read More](#)

### Guest Editorial



#### **Dr. V. Balachandran,**

*MD, MNAMS, FRCP, FACC*

#### ***More Evidence Salt Substitutes Lower Risk of CVD and Death***

Dietary salt substitutes not only lower blood pressure but also have a  
clear impact on...

[Read More](#)

# Pearls for Practitioners

## In Cardiology

**Dr. Samir Kanta Datta**

*Heart disease Risk in Pregnancy: Low risk (may come to notice during pregnancy, if not known):- Small...*

[READ MORE](#)

## In Pulmanology

**Dr. Sangram S. Biradar**

2019 CDC guidelines no longer recommend annual PPD or IGRA for all health care workers. Instead, there...

[READ MORE](#)

For Stage II & Diabetic Hypertensives  
**CTD-T**  
Chlorthalidone  
6.25/12.5 mg + Telmisartan  
20/40/80 mg Tablets

## In Infection

**Dr. NK Singh**

*Know about Tamiflu-Need of the hour: Oseltamivir is administered orally without regard to meals, although...*

[READ MORE](#)

## In Critical Care

**Dr. Subramaniam Karuturi**

1. Personal CGM devices are prescribed by the provider and are owned by the user to be worn every day...

[READ MORE](#)

## In Dermatology

Prof. Jayakar Thomas  
Malum Perforans Pedis...

[CLICK HERE](#)

In Hypertension with Angina and Heart Failure  
**Revelol-XL**  
Isosiprotol Succinate 12.5/25/50/100mg Extended Release Tablets

## Quiz Corner

**Dr. Rajasekar**

*1. Pattern of staining in nuclear fluorescence in SLE? Answer: Rim staining pattern...*

[READ MORE](#)

## Drug Corner

**Dr. V. Balachandran**

Modern Cardiovascular Risk Reduction – A1C, Blood Pressure, and LDL-C...What Am I Missing...

[READ MORE](#)

In the management of Type 2 Diabetes Mellitus

**Glycinorm-M**  
Gliclazide 40mg/60mg + Metformin 500mg Tablets

**Zerodol-SP<sup>®</sup>**

Aceclofenac 100 mg,  
Serratiopeptidase 15 mg &  
Paracetamol 325 mg Tablets

## Editorial Board

[CLICK HERE](#)

### Disclaimer:

We in the Editorial office wish to notify that we exclude ourselves from any adverse or any other unwelcome sequelae engendering from the various information or articles in this medi newsletter. We wish all our readers a happy reading journey.

### Letters to the Editor:

Kindly send your feedback, questions, comments to [themedibeats@gmail.com](mailto:themedibeats@gmail.com)

For previous issues, please visit to our website [www.medibeats.org](http://www.medibeats.org)

An initiative supported by  ipca