



The Medical **Bulletin**



Editor's Desk

Dr. A. Muruganathan

MYTHS AND MISCONCEPTIONS IN HEALTHCARE AND OUR ROLE IN DEBUNKING AND DEMYSTIFYING

Science must begin with myths and with the criticism of myths----- *Karl popper* It is mundane knowledge that in our professional activities we are exposed...

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Guest Editorial



Prof. Jayakar Thomas,

Professor & Head of Dermatology, Chettinad Academy of Research and Education, Kelambakkam, Chennai

Keeping the skin healthy and glowing

1. Wear broad-spectrum sunscreen every day Summer is equal to intense heat and a hardworking sunscreen offers protection...

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Pearls for Practitioners

In Diabetes

Dr. Boudhayana Das Munshi
Practical Aspects of Insulin Administration

1. Insulin is available commercially...

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In Nephrology

Dr. N K Singh

The SGLT2 inhibitor class of glucose-lowering agents has recently shown beneficial effects to reduce...

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In Hypertension

Dr. V. Balachandran

Blood Pressure Reduction With Renal Denervation: Are the Benefits Sustained Long Term? Below are some key...

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In Endocrinology

Dr. Rajsekar

Diabetology & Metabolic Syndrome Research:
Published: 11 June 2022...

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For Stage II & Diabetic Hypertensives



CTD-T

Chlorthalidone
6.25/12.5 mg + Telmisartan
20/40/80 mg Tablets

In Dermatology

Prof. Jayakar Thomas

'ABCDEFG' of melanoma?

The 'ABCDE' of melanoma is an acronym designed to help the public...

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In Pulmonology

Dr. Meenakshi Bhattacharya

Updated WHO definitions for MDR, XDR tuberculosis.: January 2021 New case of tuberculosis: a newly registered...

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In Syndrome

Dr. C. Naveen Kumar

Bardet - Biedl syndrome (BBS) / Laurence-Moon-Biedl-Bardet Definition:
It is a multisystem non-motile...

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In Critical Care

Dr. Subramaniyam Karutri

1. Pericarditis can result in diffuse ST and T wave changes on ECG, and mild troponin elevation, without coronary...

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In Hypertension with Angina and Heart Failure



Revelol-XL

Metoprolol Succinate 12.5/25/50/100mg Extended Release Tablets

History

Dr. Gowri Shankar

Bharat Ratna Dr. Bidhan Chandra Roy

(July 1, 1882 - July 1, 1962)

A Legendary India's Iconic...

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ECG Excursion

Dr. Balachandran

74-year-old man with one hour of central chest pain. He has no past medical history or...

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Drug Corner

Dr. Padma

Drug interaction with frusemide spironolactone and ACEI OR ARBs...

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Investigation Corner

Dr. Sangram S. Biradar

Pearls on Albuminuria
Urine dipstick is not sensitive for albuminuria...

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Diet Corner

Dr. Soundharya M G

Dietary fiber in Diabetes:
Dietary fiber is classified into soluble...

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Zerodol-SP

Acetofenac 100 mg,
Serratiopeptidase 15 mg &
Paracetamol 325 mg Tablets

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