

MB MEDIBEATS

Pearls for
Practitioners



Editor's Desk

Dr. A. Muruganathan

**Dear Brothers & Sisters
Happy Republic Day**

Welcome you all to our grand launch of our long desired MEDI BEATS... PEARLS FOR PRACTITIONERS the once weekly e Medi Newsletter...

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Guest Editorial



Prof. Rohini Handa

MD, DNB, FAMS, FICP, FRCP (Glasgow)

Covid 19 and the Rediscovery of Resilience: It is a little more than two years that COVID 19 entered the lexicon of medical profession...

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In Cardiology

Pearls for Practitioners in Cardiology: Heart Failure with reduced Ejection Fraction (HFrEF) is defined...

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In Hypertension

Accurate BP Measurement: Correct BP Measurement is key for Screening, Diagnosis, Monitoring...

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In Diabetes

Diabetic Autonomic Neuropathy usually occurs in Type1 and Type2 DM of longer duration but...

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In Endocrinology

A healthy adipose tissue (AT) is indispensable to human wellbeing. But Interestingly, perirenal...

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For Stage II & Diabetic Hypertensives



CTD-T

Chlorthalidone
6.25/12.5 mg + Telmisartan
20/40/80 mg Tablets

In Gastroenterology

Paired, transverse, white nail bands in the second, third, and fourth fingers (Muehrcke's lines) suggest...

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In Dermatology

URTICARIA – some recent aspects: Urticaria manifests as a cutaneous reaction characterized by ...

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In Infections

Omicron illness: Choosing appropriate option. It is now obvious that majority of Omicron cases...

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In Nephrology

Kidney pearls- Look simple but we simply forget: Kidney disease is common (17%), Indian CKD is mostly...

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In Hypertension with Angina and Heart Failure

Revelol-XL

Metoprolol Succinate 12.5/25/50/100mg Extended Release Tablets

In Neurology

Acute Confusional State in Elderly: Acute confusional state is a frequent cause of hospital admission in the elderly...

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In Ophthalmology

Dry Eye Disease (DED) is a common, chronic ocular condition with a multifactorial etiology...

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In Orthopaedics

Do you know what is the 'Giant killer' in India?, An entity that kills and disables Indians more than, Cholera...

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In Pediatrics

Dengue In Children - WHO guidelines Update: Majority of pediatric dengue are mild and managed at home...

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In Pulmonology

Asthma is a reversible, inflammatory obstructive airway disease run in families...

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In Rheumatology

Arthritis can be classified as Red flag (Inflammatory) & green flag (Non Inflammatory) type...

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In the management of Type 2 Diabetes Mellitus

Glycinorm-M

Gliclazide 40mg/60mg + Metformin 500mg Tablets

In ENT

Sudden sensorineural hearing loss (SSNHL) as a manifestation of...

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In OBG

The Essence of Regular Gynaecologist Check ups: Regular check...

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In Surgery

Diabetic Foot Management: 85% of feet with Diabetic...

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Women's Health Corner

The top study listed on the cover of the January issue of the JCEM is titled...

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History

25th April 1953 is celebrated as World DNA day to commemorate the discovery of chemical structure of DNA by British molecular biologists James Watson and Francis Crick. It was on this day that the Human Genome was sequenced for the first time...

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Appreciation and Felicitation

Dr. George Abraham,
President – ACP, USA

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Dr. Darilyn Moyer,
Executive Vice President & CEO &
American College of Physicians

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Letters to the Editor:

Kindly send your feedback, questions, comments to themedibeats@gmail.com