



The Medical **Bulletin**



Editor's Desk

Dr. A. Muruganathan

Dear Brothers and Sisters, Greetings!

*Life style modification needs more attention.
"Being healthy and fit isn't a fad or a trend.
Instead, it's a lifestyle"*

The Lack lustre aspect of our medical...

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Guest Editorial



Dr. Raman Puri

Senior Interventional Cardiologist, Cardiac Care Centre, New Delhi Founder and Chairman Lipid Association of India

Initially thought to be passive energy storage compounds, lipids are now recognized as...

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Pearls for Practitioners

In Hypertension

Dr. Dr. R. Rajasekar

Reference: Heart Rhythm Society. 2022
Lower body muscle preactivation and
tensing mitigate symptoms of initial

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In Diabetes

Dr. R. Rajasekar

Reference: Annals of the New York
Academy of Sciences Impact of diabetes
on cognitive function...

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In Dermatology

Prof. Jayakar Thomas

In Nephrology

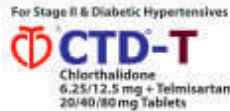
Dr. Manisha Sahay

Hidradenitis Suppurativa (HS) HS, also called acne inversa, is a chronic inflammatory skin...

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Whom should I screen for kidney disease? Should I screen all patients who visit my clinic?...

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In Endocrinology

Dr. Minal Mohit

Steroid Osteoporosis:
Steroid induced osteoporosis is a preventable entity...

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In Geriatrics

Dr. Subrahmanyam Karuturi

Cognitive behavioral therapy for insomnia (CBT-I) is the recommended treatment...

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Dr. Subrahmanyam Karuturi

All adults need one dose of tetanus, diphtheria, pertussis (TDAP) vaccine in place of...

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In Neurology

Dr. M. V. Padma Srivastava

Acute Reperfusion Strategies In Acute Ischemic Stroke:
As mentioned earlier, saving the...

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In Pediatrics

Dr. Aswath D.

An 11 year old boy was assessed for being inattentive at school...

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In Pulmonology

Dr. S. Jayaraman

Interstitial Lung Disease (ILD): Interstitial lung diseases are a group...

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In Poison

Dr. B. Sadananda Naik

"Dry bite" in venomous snakes, It is quite interesting that when...

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In Infection

Dr. D. Suresh Kumar

Protection against COVID variants...

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Miscellaneous

Dr. M. Gowri sankar

Dr. D. Ramesh
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Dr. E. Prabhu

99m Tc MDP Bone Scans
in Chest Pain...

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Telemedicine

Dr Sangram Biradar

Telemedicine in Your
Practice: Video Visits...

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Case Scenario

Dr. Meenakshi Bhattacharya

Internal Medicine case series...

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Dr. Shilpa Joshi
Diet for Hyperuricemia
Protein restriction...

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Dr N. K. Singh
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Dr. M. Chenniappan
ECG 3: This is the ECG of
60years...

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Dr. K. Vijayakumar
Solicitation of patients directly
or indirectly...

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Dr. Kannan Pugazhemdi
Half Squats - Tips, Half
Squat - Feet...

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Dr. Vinitha Pradeep
There's Some Good News
and Bad News...

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Image Corner

Dr. A. Anbarasu
Image 4: Plain CT brain –
25/Female...

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Dr. V. Hariharan
Liver function tests,
Isolated...

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Oncology Corner

Dr. V. Balachandran
Three good article on
BREAST cancer...

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Zerodol-SP

Aceclofenac 100 mg,
Serratiopeptidase 15 mg &
Paracetamol 325 mg Tablets

Quiz Corner

Dr. R. Rajasekar
Let us have a case analysis....

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