



The Medical **Bulletin**



Editor's Desk

Dr. A. Muruganathan

LOVE THYSELF

You glow from the inside when you love yourself. You start feeling better you start looking better and even start to attract better when you love yourself and start taking care of yourself. You must understand everything starts with...

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Guest Editorial



Dr. Balachandran

Quarter Doses of Four Agents as Initial Therapy to Lower Blood Pressure Bruce Soloway, MD, reviewing Chow CK et al. Lancet 2021 Sep 18 A low-dose combination pill was more effective than full-dose irbesartan alone as initial...

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Pearls for Practitioners

In Abdomen

Dr. Sangram Biradar

Abdominal Examination: Abdomen may show generalized distension with flanks full due to ascites or may have...

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In Neurology

Dr. Meenakshi Sundaram

Patients presenting with acute ischemic stroke in the intravenous thrombolytic window are eligible for treatment...

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In Dermatology

Prof. Jayakar Thomas

Folliculitis Keloidalis: It is an unusual form of chronic folliculitis and cicatricial alopecia that affects the nape of the...

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In Diabetes

Dr. Minal Mohit

Section: Diabetes: Writing Exercise Prescription in A Patient with Diabetes: Physical exercise has been...

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For Stage II & Diabetic Hypertensives
CTD-T
Chlorthalidone
6.25/12.5 mg + Telmisartan
20/40/80 mg Tablets

Nuclear Medicine

Dr. E. Prabhu

Thyroid Malignancy in 131I (Radioactive Iodine Whole Body Scan), 61 years old female with generalized body pain for...

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Clinical Pearl

Dr. Bakthavatchalam

"Clinical Pearl," defined as a practical teaching point, generally not well known to most clinicians and...

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In Hypertension with Angina and Heart Failure
Revelol-XL
Bisoprolol Succinate 12.5/25/50/100mg Extended Release Tablets

Clinical Scenario

Dr. Meenakshi Bhattacharya

Rabies post Exposure prophylaxis Peals:- Rabies immunoglobulin Should be given to all class III wounds. Maximum dose...

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ECG Excursions

Dr. M. Chenniappan

ECG No.9 : This is the ECG of 69 old known hypertensive with recent onset breathlessness. No syncope....

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GI. Infection

Dr. R. Rajasekar
REF: Cureus: April 14, 2022...

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In the management of Type 2 Diabetes Mellitus
Glycinorm-M
Gliclazide 40mg/80mg + Metformin 500mg Tablets

Image Corner

Dr. Anbarasu

Question 2: 12 year old child with exophthalmos, Which side is the exophthalmos?...

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Diet Corner

Dr. Hanasashri R.

Plant-based meat alternatives (PBMA) are part of a flexitarian approach to replace at least some of the animal...

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Zerodol-SP
Acetofenac 100 mg,
Serratiopeptidase 15 mg &
Paracetamol 325 mg Tablets

Editorial Board

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