



The Medical **Bulletin**

Editor's Desk

Dr. A. Muruganathan

CLIMATE CHANGE & HEALTH.

ARE WE DECIDEDLY IGNORING IT? OR OVER SENSITIVE ABOUT IT?

We are constantly exposed to information connected to climate change in Social and news media for yonks. Buzz words like carbon foot print, CFC, CHC, Ozone layer, Co2 emissions, acid rains, global warming, atmospheric pollution...

[Read More](#)



Guest Editorial



Dr. V. Balachandran

MD, MNAMS, FRCP, FACC

How to Prescribe Food as Medicine

Most of us are beginning to recognize that the food we eat can have a profound effect on our health, longevity, and well-being...

[Read More](#)

Pearls for Practitioners

In Endocrinology

Dr. Minal Mohit

"I DON'T WANT TO AGE" – CAN WE PREVENT OR DELAY AGING? This is the most vital question of the millenium...

[READ MORE](#)

In Dermatology

Prof. Jayakar Thomas

Precipitating factors: Irritant contact dermatitis: Urine (ammonia), feces, infection with bacteria, Candida...

[READ MORE](#)

In Infection

Dr. N. K. Singh

Fear of Forth wave exists but booster will protect you: Recently Delhi, Haryana, Kerala, Maharashtra...

[READ MORE](#)

In Pulmonology

Dr. Batchavalchalam

Sudden, Effortless Smoking Cessation May Indicate Lung Cancer When a patient with long-term...

[READ MORE](#)

In Pediatrics

Dr. Aswanth

A 'VOID'ing wrong diagnosis: A 4mo old male infant was being evaluated for repeated episodes...

[READ MORE](#)

In Hematology

Dr. M. Vishnupriya

DIAGNOSTIC APPROACH IN PATIENTS WITH SUSPECTED ITP (ASH-AMERICAN SOCIETY OF HEMATOLOGY...

[READ MORE](#)

For Stage II & Diabetic Hypertensives



CTD-T

Chlorthalidone
6.25/12.5 mg + Telmisartan
20/40/80 mg Tablets

In Toxicology

Dr. S. Nishanth

Aluminium phosphide poisoning has high mortality. No specific antidote is available and management...

[READ MORE](#)

In Neurology

Dr. Balachandran

1. Drinking coffee or tea is associated with reduced risk for stroke and dementia, with the biggest benefit...

[READ MORE](#)

In Updates

Dr. R. Rajasekar

MEDIBEATS Eleventh issue and...

[CLICK HERE](#)

In Hypertension with Angina and Heart Failure

Revelol-XL

Metoprolol Succinate 12.5/25/50/100mg Extended Release Tablets

ECG Excursions

Dr. Chenniappan

ECG 8: Aetiology, Echo, CAG, EP study and Management (vascular, muscular, electrical) seen in 10 sec...

[READ MORE](#)

Communication Skill

Dr. Sangram S. Biradar

Art of breaking the sad news in the hospital: Informing the family members about the sudden death of their loved...

[READ MORE](#)

OBG

Dr. Vinitha Pradeep

Asherman's Syndrome: Asherman's syndrome is an acquired...

[READ MORE](#)

Clinical Signs

Dr. M. Gowri Sankar

Peripheral signs of aortic regurgitation: In head and neck: De...

[READ MORE](#)

Clinical Case

Prof. Dr. P. Vishnuram

Dr. M. Gowri Sankar Spontaneous non-clostridial gas...

[READ MORE](#)

In the management of Type 2 Diabetes Mellitus

Glycinorm-M

Gliclazide 40mg/50mg + Metformin 500mg Tablets

Investigation Corner

Dr. Chandramowleswari

1. Type 2 diabetes, the most common form, often develops slowly and may be present ...

[Read More](#)

Diet Corner

Dr. Sadhika Srinivasan

A gluten-free diet is a nutritional plan that strictly excludes, which is a mixture of protein...

[Read More](#)

QUIZ Corner

**Dr. Rajsekar
Ramanathan**

Questions & Answers:

1. Best method of imaging of adrenals...

[Read More](#)

Zerodol-SP

Acetofenac 100 mg,
Serratiopeptidase 15 mg &
Paracetamol 325 mg Tablets

Editorial Board

[CLICK HERE](#)

Conference and Events

[CLICK HERE](#)

Disclaimer:

We in the Editorial office wish to notify that we exclude ourselves from any adverse or any other unwelcome sequelae engendering from the various information or articles in this medi newsletter. We wish all our readers a happy reading journey.

Letters to the Editor:

Kindly send your feedback, questions, comments to themedibeats@gmail.com

For previous issues, please visit to our website www.medibeats.org

An initiative supported by  ipca